

Everybody dies but not everybody lives

AUDIO - open this URL to listen to the audio:

<https://goo.gl/4qqrH6>

Questions 1-5

Watch the video and answer the questions below.

*Choose the correct letter **A, B, C** or **D**.*

*Write your answer in box **1-5** on your answer sheet.*

1. Near all of 100 elderly people in a study said that _____
 - A They never took risks
 - B They regretted about the things they did not do
 - C They regretted about the things they did
 - D They never dreamed much

2. Which is more dangerous for a plane?
 - A On the ground
 - B In the air
 - C In the sea
 - D Not mention

3. What is the name of the thief in our mind?
 - A Murder
 - B Dream
 - C Doubt
 - D Night

4. Struggle and criticisms are prerequisites for _____
 - A Success
 - B Failure
 - C Greatness
 - D Pain

5. We have been give a gift that we call _____
 - A Dream
 - B Life
 - C Love
 - D Money

Solution:

1. B

2. A

3. C

4. C

5. B

Audioscript:

It is not death most people are afraid of, it is getting to the end of life, only to realize that you never truly lived.

There was a study done, a hospital study on 100 elderly people facing death close to their last breath. They were asked to reflect about their life's biggest regret. Nearly all of them said they regretted not the things they did but the things they didn't do. The risks they never took, the dreams they didn't pursue.

People don't choose dreams, dreams choose them. Do you have the courage to grab the dream that picked you? That befit you and grips you? Or will you let it get away and slip through?

Many passengers think planes are dangerous to fly in. But actually, it is a lot more dangerous for a plane to stay on the ground. Because on the ground, the plane starts to rust, malfunction and wear, much faster than it ever would if it was in the air. Because planes were built to live in the skies. And every person was built to live out the dream they have inside. So it is perhaps the saddest loss to live a life on the ground without ever taking off.

Most of us are afraid of the thief, they comes in the night to steal all of our things. But there is a thief in your mind who is after your dreams. His name is doubt. If you see him call the cops and keep him away from the kids because he is wanted for murder, he has killed more dreams than failure ever did. He wears many disguises and like a virus will leave you blinded, divided and turn you into a "kinda".

"Kinda" is lethal. You know what "kinda" is? There is a lot of "kinda" people. You "kinda" want a career change, you "kinda" want to get straight A's, you "kinda" want to get in shape. If you "kinda" want something, then you will "kinda" get the results you want.

What is your dream? What ignites that spark? You can't "kinda" want that, you got to want it with every part of your whole heart. Will you struggle? Yeah! Yeah, you will struggle, no way around it. You will fall many times, but who's counting? Just remember, there's no such thing as a smooth mountain.

If you want to make it to the top then there are sharp ridges that have to be stepped over. There will be times you get stressed and things you get depressed over. Struggle and criticisms are prerequisites for greatness. That is the law of this universe and no one escapes it. Because pain is life but you can choose what type? Either the pain on the road to success or the pain of being haunted with regret.

You want my advice? Don't think twice. We have been given a gift that we call life. So don't blow it. You're not defined by your past instead you were born anew in each moment. So own it now.

Sometimes you've got to leap and grow your wings on the way down. You better get the shot off before the clock runs out because there is ain't no over time in life, no do over.

So what invention that you have buried in your mind? What idea? What cure? What skill did you have inside to bring out to this universe? Uni- meaning one, -verse meaning song. You have a part to play in this song. So grab that microphone and be brave. Sing your heart out on life's stage. You cannot go back and make a brand new beginning.